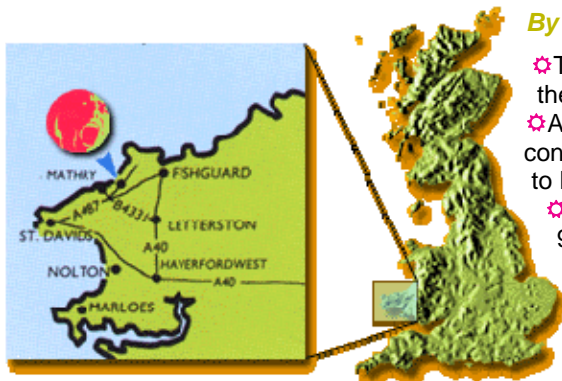


# How to get to Preselel Venture and What to Bring



## By Car:

- ✿ Take the M4 west as far as it goes past Swansea, and then join the A48 to Camarthen.
- ✿ At Camarthen take the A40 west towards St Clears, and continue on the A40 to Haverfordwest.
- ✿ From Haverfordwest take the A40 towards Fishguard for 9 miles, until you reach Letterston and then TURN LEFT onto the B4331, sign posted for Mathry.
- ✿ Continue for 5 miles, until the B road meets at a junction with the A487; the Fishguard to St Davids road.

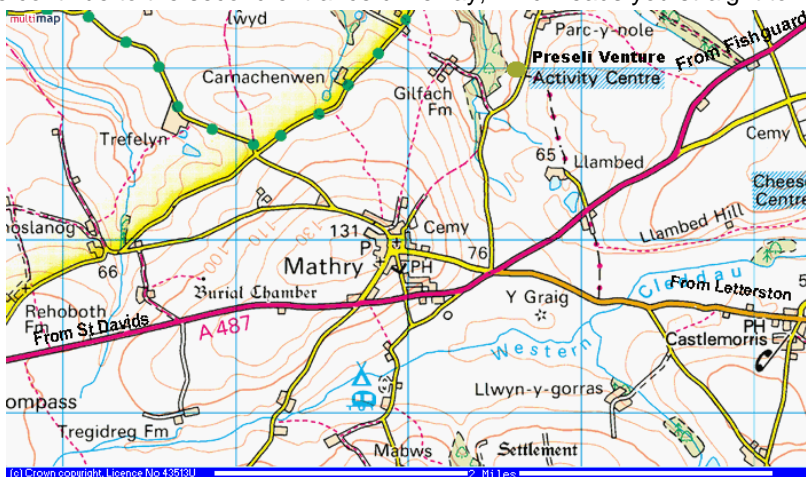
✿ Cross over the A487, and then turn IMMEDIATELY right down a **single-track** lane – **CAUTION** drive slowly down this narrow and twisty road!

✿ We are the first place you come to on the left (a big pink house!), about 2/3 of a mile down the lane (ignore any other earlier farm tracks!) Please continue to the second entrance driveway, which leads you straight to the car parking area.

## By Train or Bus:

If travelling from London take the train from Paddington or the bus from Victoria bus station to Haverfordwest, in West Wales. For advance train ticket purchases call **0870 9000 773**, or buy online at [www.arrivatrainswales.co.uk](http://www.arrivatrainswales.co.uk), or call Louise at the Ticket Hut on **01554 830188**, or email her [thetickethut@pembrestation.co.uk](mailto:thetickethut@pembrestation.co.uk)

For the bus call **0870 580 8080** or book online at [www.nationalexpress.com](http://www.nationalexpress.com)



If you are delayed in your travel to Preselel Venture please let us know by telephoning us on **01348 837709** (office phone) or **01348 837446** (lodge phone).

## What to Bring:

- ✿ For **Coasteering** and **Kayaking** you will need trainers (that will get wet but not ruined), and swimming costume to wear underneath the wetsuit that will be provided.
- ✿ For **Mountain Biking** you need to wear comfortable clothes, you will need to wear shorts or in colder months trousers that are not baggy around the ankles.
- ✿ Bring spare trainers or boots to wear for the dry activities like **Mountain Biking** and **Hiking**.
- ✿ For **Kayaking** you need to a long sleeved t-shirt or sweater (wool or thermal materials are best – not cotton)
- ✿ Bring a water bottle if you have one.
- ✿ Sunblock and/or suncream – Pembrokeshire can be sunny year round!
- ✿ You need to bring warm clothing and plenty of layers.
- ✿ Bring a couple of towels.
- ✿ **Please do not bring your own alcohol** as we have a well stocked licensed bar with bar staff

Please let us know if you have any questions or if we can give you any more information by calling us on **01348 837709** or e mail [info@preselivventure-corporate.com](mailto:info@preselivventure-corporate.com)

